How to Humble Yourself
S.M. Davis

2nd Chronicles 7:14: If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.
Matthew 18:4: Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven.
Matthew 23:12: And whosoever shall exalt himself shall be abased; and he that shall humble himself shall be exalted.

“Humility is that strange possession which you lose the moment you think you have it.”
“Faith gets the most. Love works the most. But humility keeps the most.”
The problem with a man waiting on God to humble him is that the man may wind up humiliated.
John Bunyan in Pilgrim’s Progress said: “We will come again to this valley of humility; it is the best and most fruitful piece of ground in all these parts.”

1-Pass praise to God and others.
Hezekiah accepted the credit for what God had done instead of passing the credit on to God.
Proverbs 27:21 As the fining pot for silver, and the furnace for gold; so is a man to his praise.
Praise is God’s furnace to burn out the dross and impurities in your life and leave behind pure gold and silver that you then give to God Himself.
In 2nd Samuel 23 David poured the water out unto the Lord.
In 1st Chronicles 18 King Tou sent gold, silver, and brass vessels to David and David dedicated them to the Lord.
Praise is like chewing gum. It may taste good but don’t swallow it.
“There are two kinds of people in the world, those who do the work and those who take the credit.”
There is some way to pass praise for any praise that is given to you.
“You have a beautiful smile.” You could reply: “I have my mother’s smile.” Somebody says to parents: “Your children are very respectful.” The parents could reply: “God gave us a wonderful Book to teach us how to train our children.”
Accepting praise is the thing that can cause you to become proud and that can create division among you and other people.

You demonstrate where your loyalties lie by those to whom you pass praise. Jesus was continually passing praise to his Father.

Brothers and sisters need to learn to pass praise to each other.

Proverbs 13:10: Only by pride cometh contention.

2- **Humble yourself by serving others instead of trying to impress others with your possessions or your position.**

The princes of Babylon came to see Hezekiah.

We want glory for ourselves instead of giving glory to God. We try to impress our friends and neighbors.

Get rid of anything that for you is a “status symbol.”

We are not put on Earth to impress others. We are put on Earth to serve others.

Jesus washed His disciples’ feet. The symbol for a Christian on this Earth is a towel.

Humility is not thinking of yourself at all.

The number one reason that Christian men don’t read the Bible and pray with their family is pride. You can pray without bowing but if you are ashamed to bow and pray then the problem is pride.

We have a major epidemic in our society with lust out of control. It needs to be corrected in the relationship between a father and his son.

3- **Confess and ask forgiveness for your sins and your faults.**

Hezekiah humbled himself for the pride of his heart.

“Anybody can live with anybody if they are willing to be a nobody.”

A father said: “We have a successful family because I ask for forgiveness two or three times a week.”

You cannot have hurt feelings when you are so humble you do not have feelings to hurt.

John Bradford saw a criminal going to be executed and said: “There but for the grace of God go I.”

4- **Bless those who curse you.**
5-Welcome correction, criticisms, and put downs.
“You wouldn’t care so much what people thought about you if you knew how little they did anyway.”

6-Remember your own mortality.
John 3:27 … A man can receive nothing, except it be given him from heaven. A few years from now your body will be underneath six feet of dirt, your name will be forgotten, and only what you did for Jesus will matter. Don’t try to impress anybody.

7 - Make humility a lifelong quest.
The most difficult thing is to get a lost person to admit they are lost.